

# Lindy Pfingsten



Lindy is a Nebraska native who lived in Houston, Texas for almost 20 years and made her way back to Nebraska in May 2015. She graduated from the University of Houston with a Bachelor of Science in Kinesiology Sports Administration with a minor in Behavioral Health. Her teaching journey started 24 years ago as a Group Exercise Instructor for the YMCA of Lincoln. Since then, she has earned multiple certifications giving her the opportunity to assist in the growth of leaders across the Y movement. Teaching Y-USA leadership courses during her time at the YMCA of Greater Houston and now the YMCA of Greater Omaha helped her find a passion for leadership and the development of leaders at all levels throughout the organization. She currently is a trainer for YMCA Leadership Development courses: Introduction to Listen First, Facilitating Change in a Small Group, and a faculty trainer for Facilitation Skills for the Y Trainer. Along with these classes, she is able to teach other Y leaders how to instructor the Introduction to Listen First course as well.

As the Senior Executive Director at the YMCA of Greater Omaha, Lindy leads a team of YMCA leaders through their personal growth and professional development. She coaches, guides, and teaches them how to have crucial conversations, lead their staff teams and focus on their own professional development. She has coached and mentored leaders to find the “right seat on the bus” and continually evolve and evaluate into their best selves as leaders.

Lindy is excited to share her enthusiasm for ATD learning and development with business leaders in the community. She will put her focus on strengthening the community by connecting more businesses to the work of ATD.